IT'S ABOUT TIME

We create time as we transit from differentiation to differentiation and we make that transition so often here in 3D that we "spend" a *lot* of time. In this physically manifested reality we are literally surrounded by differentiations from the moment we wake to the moment we drift back into deep, dreamless sleep.

Whether in thought, action, or mere awareness, we continually move from one "thing" to another and, with each of these transitions, we "use" more time. Because of that, even as we feel our lives going by at a snail's pace, time is actually flying by. These brief hundred years that we spend in this third dimensional manifestation are spent in a high entropy whirl of seemingly infinite duality. These lives fly by and before we even have time to truly make the bed…..we are lying in it at the end.

But at the core of this existence, the zero-point, there are no differentiations. And even at the high dimensional, non-physical beginning of eventual physical manifestation, differentiations are still few. They are tightly packed into the spinning point of light that is the birth of the axes of time. Here time "flows" incredibly slowly as there are minimal transitions from one differentiation to another.

For practice purposes, here is one way to perceive the passage time:

Each manifestation, either non-physical or physical, is given a "bank" of what we call "time". Think of it as a finite amount of "temporal energy". In this perspective, time is a finite axial field of potential energy that can be used to transition from differentiation to differentiation. Within our incredibly diverse manifested 3D reality we continually *"make"* time, *"take"* time….and

“spend” time. Time can be *“on our side”* or time can be *“against us”* depending on how we are using our given amount of it. Here in this 3D physical existence we tend to use it up pretty quickly as we flit from differentiation to differentiation.

At the other extreme, higher dimensional entities existing at high density levels naturally use their allotment of time sparingly as they have very few differentiations. To them, our hundred years of time usage goes by like the blink of their non-physical eye. This, of course, is why they look to manifest in the lower dimensions. They wish to experience the constraints of multiple differentiations to force a hastened evolution of consciousness.

We can use this time differential in a number of ways in our practice. When we learn to access higher density levels from here in the third dimension, we find ourselves existing in a coherent and aligned field of dynamic stillness while around us time flies by. This is a “timeless” place of deep understanding and spiritual awareness. We get there through practices that connect these bodies to the higher density levels through the management of field dynamics. We create a coherent and fractally aligned torus that becomes fully nested in the zero-point of Source. At a metaphysical level, we slow down our clock by stretching out our bank of that temporal energy.

At a physical level, we can learn to align our bodies at a cellular level as each of our cells is generating a tiny toroidal field. When these fields become aligned we can create a physical body that is crystalline in nature through the liquid-crystal matrix that already exists in our bodies. Instead of a myriad of cellular differentiations, our body becomes field aligned, with each cell spinning as one like a perfectly aligned gyroscope. We can then

further nest with the axis of the zero-point which leads us to a nested core. In this way we can work to slow the entropic degeneration of these bodies to live a longer and healthier existence within this 3D manifestation.